



## Activity Overview

This CME Webcast explores clinical management strategies for multiple myeloma. Experts in the field use patient cases to discuss current clinical evidence and treatment guidelines for newly diagnosed and relapsed/refractory disease, with a focus on patient-, disease-, and treatment-related factors that guide therapeutic decisions.

## **Target Audience**

This activity is intended for hematologist/oncologists.

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#### **Disclosure Statements**

#### Joseph Mikhael, MD, MEd, FRCPC, FACP

*Contracted research:* AbbVie Inc., Celgene Corporation, Sanofi-aventis U.S. Inc.

#### Noopur Raje, MD

*Consulting fees/advisory boards:* Amgen, Celgene Corporation, Millennium: The Takeda Oncology Company, Onyx Pharmaceuticals *Contracted research:* Acetylon Pharmaceuticals, Inc., Eli Lilly and Company

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## Learning Objectives

Upon completion, participants should be able to:

- Incorporate safety and efficacy data for various treatment regimens into individualized management strategies for patients with newly diagnosed and relapsed/refractory MM
- Explain patient- and disease-related characteristics that help guide therapeutic decision making for patients with MM in both the frontline and relapsed/refractory settings

| Faculty  |
|--|
| Joseph Mikhael, MD, MEd, FRCPC, FACP<br>Professor of Medicine, Mayo College of Medicine<br>Associate Dean, Mayo School of Graduate Medical Education<br>Deputy Director of Education, Mayo Clinic Cancer Center<br>Mayo Clinic in Arizona<br>Phoenix, AZ |
| <b>Noopur Raje, MD</b><br>Associate Professor of Medicine<br>Harvard Medical School<br>Director, Center for Multiple Myeloma<br>Massachusetts General Hospital Cancer Center<br>Boston, MA   |

#### **Activity Planners**

**Erin Grothey** Clinical Content Manager Med-IQ Baltimore, MD

Amy Sison Director of Continuing Medical Education Med-IQ Baltimore, MD

# Optimizing MM Care in 2017

- The overall approach must be
  - Evidence based
  - Rational
  - Individualized to patient
- Therapy is based on strategy, not a script
  - Treatment is no longer 1st, 2nd, and 3rd line (and beyond), but a deliberate strategy based on several critical variables

#### **Patient Case**

- · MS is a 64-year-old man with a 4-month history of persistent lower back and hip pain that radiates down his left leg
- Previous clinical findings include:
  - Medical history: hypertension, no history of cancer
  - Physical examination: normal except for back/hip pain
  - X-ray: lytic bone lesions

## **Initial Patient Evaluation**

#### **CBC** with differential WBC

Hb

<u>6.2 x 10<sup>3</sup>/mL</u> 9.8 g/dL 39% Hematocrit 230 x 10<sup>3</sup>/mL Platelets 3.9 x 10<sup>3</sup>/mL Neutrophils

#### Comprehensive metabolic panel

BUN 38 mg/dL Creatinine 1.6 mg/dL Calcium 9.3 mg/dL Albumin 3.9 g/dL LDH < ULN β-2 macroglobulin 4.6 µg/mL

#### SPEP/serum immunofixation

M protein spike 3.8 g/dL

#### Quantitative IgGs

IgG 5,335 mg/dL; IgA 21 mg/dL; IgM 3 mg/dL

#### Serum FLC

Kappa FLC Lambda FLC Kappa/lambda FLC ratio 250 mg/L 2.4 mg/L 104.2

#### **Skeletal imaging**

X-ray: confirm multifocal lesions of left ilium with signs of osteoporosis MRI: multifocal lesions of the left ilium, 1 lesion > 5 mm

#### Bone marrow biopsy

Aspirate 69% plasma cells

#### Flow cytometry

22.4% events CD38, CD56, and CD138 positive

#### Metaphase cytogenetics and plasma cell FISH t(11;14)

## IMWG Criteria: MM Requiring Therapy

S ( $\geq$  60% plasmacytosis) Li ( $\geq$  100 light chain ratio; I/U) R (renal insufficiency)  $M (\geq 2 MRI \text{ focal lesions})$ 

C (calcium elevation) A (anemia) B (bone disease)

Rajkumar SV, et al. Lancet Oncol. 2014;15:e538-48.

#### **Evaluating Risk of Progression**

- 1. Tumor burden
  - Durie-Salmon Staging
  - International Staging System
- 2. Patient-related factors
  - Comorbidities (eg, heart disease, renal dysfunction, diabetes)
  - Frailty
  - Age
- 3. Disease biology (cytogenetics)
- 4. Response to therapy

Rajkumar SV. Am J Hematol. 2016;91:719-34 mSMART guidelines. www.msmart.org/about.html.

# Patient Risk: Disease Biology

|                         |   | -                          |
|-------------------------|---|----------------------------|
| Patient-related factors |   | High risk                  |
|                         |   | Serum LDH > ULN            |
|                         |   | Standard risk              |
|                         |   | Serum LDH ≤ ULN            |
| Tumor characteristics   | High risk   | High risk                  |
|                         | del 17p. t(14:16). t(14:20). high-risk signature  | del 17p. t(4:14). t(14:16) |
|                         | by GEP  | F ( ) - ( ) - (            |
|                         | Intermediate risk                                 | Standard risk              |
|                         | t(4:14), 1g gain, high PC S-phase                 | No high-risk chromosoma    |
|                         |   | abnormality                |
|                         | Standard risk                                     | abhormanty                 |
|                         | All others including trisomies, t(11,14), t(6,14) |                            |

mSMART guidelines. www.msmart.org/about.html, Palumbo A, et al. J Clin Oncol. 2015;33:2863-9.

NCCN. Clinical practice guidelines in oncology: multiple myeloma. v.3.2017.

# Primary Therapy for MM

#### • Triplets > doublets

| Transplant Eligible   | Transplant Ineligible  |
|---|--|
| Preferred regimens<br>Bortez/lenalid/dex (category 1)<br>Bortez/doxorub/dex (category 1)<br>Bortez/cyclophos/dex                                      | Preferred regimens<br>Bortez/lenalid/dex (category 1)<br>Lenalid/low-dose dex (category 1)<br>Bortez/cyclophos/dex |
| Other Regimens<br>Lenalid/dex (category 1)<br>Bortez/dex (category 1)<br>Bortez/thalid/dex (category 1)<br>Carfil/lenalid/dex<br>Ixazomib/lenalid/dex | O <b>ther Regimens</b><br>Bortez/dex<br>Carfil/lenalid/dex (category 2B)<br>Ixazomib/lenalid/dex                   |

# **Transplant Eligibility: Patient-Related Factors**

- Age
- Frailty

mair

- Performance status
- Comorbidities

Gertz MA, et al. *Blood.* 2014;124:882-92; Palumbo A, et al. *Blood.* 2015;125:2068-74.

# Risk-Adapted Management of MM in Transplant-Eligible Patients

|                   | Front-Line Treatment  | Post-Consolidation Treatment <sup>a</sup>                           |
|-------------------|---|---|
| Standard risk     | VRd x 4 cycles/SCH/ASCT <sup>1,2</sup>  | Lenalidomide ≥ 2 years <sup>1</sup>                                 |
|                   |   | Lenalidomide for < VGPR after induction <sup>2,3</sup>              |
|                   | VRd x 4 cycles/SCH/VRd 4 cycles for<br>good responders (delayed ASCT) <sup>1</sup>      | Rd until PD <sup>1</sup>  |
|                   | VRd x 4 cycles/SCH/VRd for 8 to 12 cycles for good response (delayed ASCT) <sup>2</sup> | Lenalidomide for < VGPR after induction <sup>2</sup>                |
|                   | VTd or VCd with plasma exchange for patients with acute renal failure <sup>2</sup>      | Lenalidomide for < VGPR after induction <sup>2</sup>                |
| Intermediate risk | VRd x 4 cycles/SCH/ASCT <sup>1,2</sup><br>(consider tandem ASCT)                        | Bortezomib-based regimen for 2 years <sup>1,2</sup>                 |
|                   | VTd or VCd with plasma exchange for patients with acute renal failure <sup>2</sup>      |   |
| High risk         | KRd x 4 cycles/SHC/ASCT <sup>1,2</sup><br>(consider tandem ASCT)                        | Carfilzomib- or bortezomib-based regimen for 2 years <sup>1,2</sup> |

#### IFM 2013-04 Trial: VTd vs VCd Prior to ASCT

- VTd compared with VCd prior to ASCT led to higher rates of VGPR (66.7% vs 56.2%, P = .04) and ORR (92.3% vs 84%, P = .02)
- The incidence of grade 3/4 peripheral neuropathy was slightly higher in VTd-treated patients (4% vs 2.2%); the incidence of grade 3/4 neutropenia was higher in VCd-treated patients (11.9% vs 22.5%)

Moreau P, et al. Blood. 2015;126:393.

## SWOG S0777 Trial: VRd vs Rd With Rd Continuous Maintenance

- VRd led to deeper response and was superior to Rd in terms of mPFS (43 vs 30 months, P = .0018) and mOS (75 vs 64 months, P = .025)
- VRd treatment was tolerable but associated with higher rates of grade 3/4 neuropathy and GI events

Durie B, et al. Lancet. 2017;389:519-27.

# IFM/DFCI 2009 Trial: VRd ± ASCT in Newly Diagnosed MM

- ASCT led to a lower risk of progression (HR, 0.69; P < .001) and higher rates of VPGR (P = .001) and MRD negativity (P = .001)
- Grade 5 toxicity occurred in 5 patients receiving ASCT during mobilization or transplantation; SPM developed in 23 patients in the transplant cohort and in 18 of the RVd alone cohort
- ASCT should remain the standard of care for newly diagnosed MM in the era of new treatments

Attal M, et al. ASH 2015. Abstract 391; NCCN. Clinical practice guidelines in oncology: multiple myeloma. v.3.2017.

# Risk-Adapted Management of MM in Transplant-Ineligible Patients

|                      | Front-Line Treatment  | Post-Consolidation Treatment   |  |
|----------------------|---|--|--|
| Standard risk        | Rd for 12 months if frail or $\ge$ 75 years <sup>1</sup>                          | Rd for year <sup>1</sup>   |  |
|                      |   | Rd until progression <sup>1</sup> for good response or low toxicity <sup>1</sup>   |  |
|                      | VRd for approximately 12 months   | Rd until progression <sup>1</sup>  |  |
|                      | (or x 12-18 cycles) <sup>1,2</sup>  | Lenalidomide for < VGPR after induction <sup>2</sup>                               |  |
|                      | Rd until progression if frail or $\geq$ 75 years <sup>2</sup>                     |  |  |
| Intermediate<br>risk | VRd for approximately 12 months (or x 12-18 cycles) <sup>1,2</sup>                | Bortezomib-based regimen for 2 years <sup>1,2</sup>                                |  |
|                      | VCd x 8-12 cycles if frail or $\ge$ 75 years <sup>2</sup>                         |  |  |
| High risk            | KRd x 4 cycles/KRd for approximately 12 months (or x 12-18 cycles) <sup>1,2</sup> | (Carfilzomib- or) <sup>2</sup> bortezomib-based regimen for 2 years <sup>1,2</sup> |  |
|                      | KRd (dose reduced) if frail or $\geq 75$ years <sup>2</sup>                       |  |  |

1. mSMART guidelines. www.msmart.org/about.html 2. Rajkumar SV. Am J Hematol. 2016;91:719-34

## FIRST (MM-020) Trial: Rd-Continuous vs Rd-18 vs MPT

- Continuous Rd (low-dose dex) for transplant-ineligible patients prolonged PFS (HR, 0.69; *P* < .001) and OS (HR, 0.78; *P* = .02) compared with MPT
- Continuous Rd was associated with fewer cases of grade 3/4 hematologic toxicity, neuropathy, and SPM, but slightly more infections
- Continuous Rd is the standard of care for transplant-ineligible patients of all ages with newly diagnosed MM

Hulin C, et al. *J Clin Oncol.* 2016;34:3609-17; Benboubker L, et al. *N Engl J Med.* 2014;371:906-17.

#### **Treatment-Associated Safety Considerations**

|                     | Select Warnings and Precautions  |
|---------------------|--|
| Thalidomide (IMiD)  | Boxed warning: embryo-fetal toxicity, venous thromboembolism<br>Ischemic heart disease, somnolence, peripheral neuropathy, dizziness,<br>orthostatic hypotension, neutropenia, increased HIV viral load, hypersensitivity,<br>bradycardia, TLS |
| Lenalidomide (ImiD) | Boxed warning: embryo-fetal toxicity, hematologic toxicity, venous<br>thromboembolism<br>Angioedema, hypersensitivity, Stevens-Johnson syndrome, toxic epidermal<br>necrolysis, tumor flare reaction, TLS, hepatotoxicity, SPM                 |
| Bortezomib (PI)     | Peripheral neuropathy, hypotension, cardiac toxicity, pulmonary toxicity, posterior reversible encephalopathy syndrome, GI toxicity, thrombocytopenia or neutropenia, TLS, hepatic toxicity, embryo-fetal risk                                 |
| Carfilzomib (PI)    | Heart failure, ischemia, pulmonary hypertension and complications, infusion reactions, TLS, thrombocytopenia, hepatic toxicity and failure, embryo-fetal toxicity  |

 Thalidomide [package insert]. Summit, NJ: Celgene Corporation; 2017; 2. Lenalidomide [package insert]. Summit, NJ: Celgene Corporation; 2017; 3. Bortezomib [package insert]. Cambridge, MA: Millennium Pharmaceuticals, Inc.; 2014; 4. Carfilzomib [package insert]. Thousand Oaks, CA: Amgen Inc.; 2016.

# **Evaluating Response**

#### General

- Updated IMWG criteria
- Assess response prior to each treatment cycle
- Use response to help direct therapeutic decision making
- Designating a response category requires 2 consecutive assessments on therapy

#### **Methods of Measuring Response**

- Measure M protein in serum and urine
- FLC assay (ratio required for stringent CR; use in patients with disease with unmeasurable M protein in serum and urine protein)

- Bone marrow (for CR; detects quantitative/qualitative abnormalities of plasma cells, including cytogenetics)
  - Multiparametric flow cytometry: firstand next-generation flow
  - Allele-specific oligonucleotide quantitative polymerase chain reaction
     Next-generation sequencing
- Renal response (for patients with diseaseassociated renal impairment; linked to eGFR)
- Imaging (CT/PET; if M protein and FLC not possible)

Lonial S, et al. *Leukemia*. 2014;28:258-68; Kumar S, et al. *Lancet Oncol*. 2016;17:e328-46; NCCN. Clinical practice guidelines in oncology: multiple myeloma. v.3.2017.

#### Patient Case (cont.)

- MS received VRd plus ASCT front-line therapy and 2 years of lenalidomide maintenance therapy
- He achieved sequencing MRD negativity on VRd; therapy was well tolerated
- MS presented with pain in his ribs and left hip 30 months after the cessation of maintenance therapy; disease progression was confirmed by MRI, SPEP, and creatinine

# Therapy for Previously Treated MM

#### **Preferred Regimens**

- Repeat primary induction therapy (if relapse at > 6 months)
- Bortez/dex (category 1)
- Bortez/cyclophos/dex
- Bortez/lenalid/dex
- Carfil/dex (category 1)
- Carfil/lenalid/dex (category 1)
- Daratumumab
- Daratumumab/bortez/dex (category 1)
- Daratumumab/lenalid/dex (category 1)
- Elotuzumab/lenalid/dex (category 1)
- Ixazomib/lenalid/dex (category 1)
- Lenalid/dex (category 1)
- Pomalidomide/dex (category 1)
- Pomalid/bortz/dex
- Pomalid/carfil/dex

#### **Other Regimens**

- Bendamustine
- Bendamustine/bortez/dex
- Bendamustine/lenalid/dex
- Bortez/liposomal doxorubicin (category 1)
- Cyclophosphamide/lenalid/dex
- Dex/cyclophosphamide/etoposide/cisplatin (DCEP)
- Dex/thalid/cisplatin/doxorubin/cyclophos/et oposide (DT-PACE) ± bortez (VTD-PACE)
- Elotuzumab/bortez/dex
- High-dose cyclophosphamide
- Ixazomib/dex
- Panobinostat/bortez/dex (category 1)
- · Panobinostat/carfil
- Pomalidomide/cyclophos/dex

NCCN. Clinical practice guidelines in oncology: multiple myeloma. v.3.2017.

## Considerations for <u>Relapsed/Refractory</u> MM Treatment

- 1. When to initiate salvage therapy: SLiMCRAB<sup>1</sup>
- 2. Goals for therapy
  - Durable disease control with minimal toxicity, improve patient QOL
- 3. Can patient receive previous treatment regimen?
  - Depends on depth (eg, CR, VGPR) and duration of response (> 6 months)
  - Regimen will likely be less effective
  - Bortezomib is FDA approved for the retreatment of MM<sup>2</sup>
- 4. Use all FDA-approved agents for the treatment of MM
  - PIs (bortezomib, carfilzomib, ixazomib)2-4
  - IMiDs (thalidomide, lenalidomide, pomalidomide)5-7
  - mAbs (daratumumab, elotuzumab)<sup>8,9</sup>

Rajkumar SV, et al. Lancet Oncology, 2014; 15:e538-48; 2; Bortezomib [package insert]. Cambridge, MA: Millennium Pharmaceuticals, Inc.; 2014;
 Carfilzomib [package insert]. Thousand Oaks, CA: Amgen Inc.; 2016; 4. Ixazomib [package insert]. Cambridge, MA: Millennium Pharmaceuticals, Inc.; 2016;
 Thalidomide [package insert]. Summit, NJ: Celgene Corporation; 2017; 6. Lenalidomide [package insert]. Summit, NJ: Celgene Corporation; 2016; 8. Daratumumab [package insert]. Horsham, PA: Janssen Biotech, Inc.; 2016;
 Pomalidomide [package insert]. Summit, NJ: Celgene Corporation; 2016; 8. Daratumumab [package insert]. Horsham, PA: Janssen Biotech, Inc.; 2016;
 Elotuzumab [package insert]. Princeton, NJ: Bristol-Myers Squibb; 2015.

# Considerations for Relapsed/Refractory MM Treatment (cont.)

- 5. Optimal treatment strategy for the individual
  - Should preferentially involve clinical trials<sup>1</sup>
  - Must take into account
    - Patient-related factors: age, performance status, comorbidities (eg, cardiac, renal failure, diabetes, amyloidosis)<sup>1</sup>
    - Disease-related factors: risk status, rapidity of relapse, previous therapy exposure, response to previous therapy<sup>1,2</sup>
    - Treatment-related factors: mode of administration, single or combination therapy, cost, toxicity, risk of SPM

1. mSMART guidelines. www.msmart.org/about.html; 2. Kumar S, et al. Lancet Oncol. 2016;17:e328-46.

## **Risk-Adapted Treatment**

- Cytogenetics should be retested after relapse to assess for mutations acquired over time and after previous therapy
- · Risk of relapsed/refractory MM
  - High risk: relapse < 12 months from transplant or progression within first year of diagnosis; FISH del 17p, t(14;16), t(14,20); high-risk GEP
  - Intermediate risk: FISH t(4;14), 1q gain; high PC S-phase
  - Standard risk: all others including trisomies; FISH t(11;14), t(6;14)

# Risk-Adapted Management of MM—First Relapse

| Classification Tr             |                               | Treat  | atment   |  |
|-------------------------------|-------------------------------|--|--|--|
| Relapse during<br>maintenance | Fit patients                  | Eligible for salvage ASCT?<br>1) Pts not previously treated with ASCT, or  | ts Eligible for salvage ASCT? Len-based maintenance:<br>1) Pts not previously treated with ASCT, or Bortez-based maintenance |  |
|                               | Indolent relapse              | 2) second if > 18 mos no maintenance or  | Len-based maintenance: DVd <sup>1</sup> , ICd, <sup>1</sup> Pd   |  |
|                               |                               | <ul> <li>&gt; 36 mos maintained response to first</li> <li>ASCT<sup>1,2</sup></li> </ul>   | Bortez-based maintenance: IRd, <sup>1</sup> DRd, <sup>1,2</sup><br>ERd, <sup>2</sup> Pd <sup>2</sup>                         |  |
|                               | Frail patients                | For len-based maintenance: DVd, <sup>1</sup> ICd, <sup>1</sup> Pd <sup>2</sup>   |  |  |
|                               |                               | For bortez-based maintenance: DRd, <sup>1</sup> IRd, <sup>2</sup> ERd, <sup>2</sup> Pd <sup>2</sup>  |  |  |
| Relapse                       | Fit patients <sup>a</sup>     | Eligible for salvage ASCT? 1) Pts not  | KRd, <sup>1,2</sup> DRd, <sup>1</sup> KPd <sup>2</sup>   |  |
| off-therapy/<br>unmaintained  | Indolent relapse <sup>a</sup> | <ul> <li>previously treated with ASCT or 2) second<br/>if &gt; 18 mos no maintenance or &gt; 36 mos<br/>maintained response to first ASCT<sup>1,2</sup></li> </ul> | IRd, <sup>1,2</sup> ERd, <sup>1,2</sup> Pd <sup>2</sup>  |  |
|                               | Frail patients <sup>a</sup>   | IRd, <sup>1,2</sup> ERd, <sup>1,2</sup> Pd <sup>2</sup>  |  |  |



- mPFS was prolonged in patients who received carfilzomib (26.3 vs 17.6 months; HR, 0.69; P = .0001)
- Patients with previous exposure to bortezomib benefitted from carfilzomib (HR, 0.70)
- Patients treated with carfilzomib had an increased incidence of grade 3/4 toxicities (eg, hypokalemia, cardiac toxicity)

Avet-Loiseau H, et al. *Blood.* 2016;128:1174-80; Stewart AK, et al. *N Engl J Med.* 2015;372:142-52.

## The POLLUX Trial: DRd vs RD

- Approximately 48% of the ITT population received ≥ 2 prior lines of therapy
- Daratumumab treatment was associated with a significant reduction in the relative risk of progression or death (HR, 0.37; P < .001)
- Daratumumab was associated with an increased incidence of grade 3 or lower infusion reactions, grade 3/4 neutropenia, and febrile neutropenia

Dimopoulos M, et al. *N Engl J Med.* 2016;375:1319-31; Moreau P, et al. *Blood.* 2016;124:abstract 489.

## The TOURMALINE-MM1 Trial: IRd vs Rd

- 69% of the ITT population received prior treatment with a PI
- Ixazomib treatment was associated with improved mPFS (20.6 vs 14.7 months; HR, 0.74; P = .01)
- Rash, GI toxicity, peripheral neuropathy, and grade 3/4 thrombocytopenia occurred more frequently in patients treated with ixazomib

Moreau P, et al. *N Engl J Med*. 2016;374:1621-34.

## The ELOQUENT-2 Trial: ERd vs Rd

- Elotuzumab treatment was associated with increased mPFS (19.4 vs 14.9 months; HR, 0.70; P < .001)</li>
- The PFS benefit was slightly increased in patients with ≥ 2 prior lines of therapy (HR, 0.65)
- Increased incidences of grade 3/4 lymphocytopenia, any grade GI disorders, and infusion reactions were noted in elotuzumabtreated patients

Lonial S, et al. N Engl J Med. 2015;373:621-31.

## Lenalidomide-Dexamethasone Combination Studies Experimental Arms

|                           | POLLUX<br>DRd vs Rd <sup>1,2</sup> | ASPIRE<br>KRd vs Rd <sup>3</sup> | ELOQUENT-2<br>ERd vs Rd <sup>4,5</sup> | TOURMALINE-<br>MM1<br>IRd vs Rd <sup>6</sup> |
|---------------------------|------------------------------------|----------------------------------|--|--|
| PFS HR (95% CI)           | 0.37<br>(0.27-0.52)                | 0.69<br>(0.57-0.83)              | 0.73<br>(0.60-0.89)                    | 0.74<br>(0.59-0.94)                          |
| ORR                       | 93%                                | 87%                              | 79%                                    | 78%  |
| ≥ VGPR                    | 76%                                | 70%                              | 33%                                    | 48%  |
| ≥CR                       | 43%                                | 32%                              | 4%                                     | 12%  |
| Duration of response, mos | NE                                 | 28.6                             | 21                                     | 20.5   |
| OS HR<br>(95% CI)         | 0.64<br>(0.40-1.01)                | 0.79<br>(0.63-0.99)              | 0.77<br>(0.61-0.97)                    | NE   |

Dimopoulos M, et al. N Engl J Med. 2016;375:1319-31; 2. Moreau P, et al. Blood. 2016;124:abstract 489;
 Stewart AK, et al. N Engl J Med. 2015;372:142-52; 4. Lonial S, et al. N Engl J Med. 2015;373:621-31;
 Dimopoulos MA, et al. Blood. 2015;126:abstract 28; 6. Moreau P, et al. N Engl J Med. 2016;374:1621-34.

# The CASTOR Trial: DVd vs Vd

- Daratumumab treatment was associated with a 61.4% reduction in the risk of disease progression or death (HR, 0.39; P < .001)</li>
- The rates of ORR (82.9% vs 63.2%; *P* < .001) and ≥ VGPR (59.2% vs 29.1%; *P* < .001) were higher in daratumumab-treated patients
- Daratumumab-treated patients had an increased incidence of grade 3/4 neutropenia, lymphopenia, and thrombocytopenia; infusion-related reactions reported in 45.3% of patients

Palumbo A, et al. *N Engl J Med.* 2016;375:754-66.

- Pomalidomide/low-dose dexamethasone significantly improved mPFS compared with high-dose dexamethasone (4.0 vs 1.9 months; HR, 0.48; P < .0001)</li>
- Pomalidomide/low-dose dexamethasone significantly improved mPFS compared with pomalidomide alone (4.2 vs 2.7 months; HR, 0.68; P = .003)

San Miguel J, et al. *Lancet Oncol.* 2013;14:1055-66; Richardson P, et al. *Blood.* 2014;123:1826-32.

## The STRATUS Trial (MM-010): Pomalidomide/Low-Dose Dexamethasone in Relapsed/Refractory MM

- In the ITT population, 93% received > 2 previous regimens, and 80% were bortezomib- and lenalidomide-refractory
- In bortezomib- and lenalidomide-refractory patients, pomalidomide/low-dose dexamethasone led to an ORR of 32.4% with a median duration of 7.4 months
- Frequent grade 3/4 treatment-emergent toxicities included neutropenia, anemia, and thrombocytopenia

Dimopoulos M, et al. *Blood*. 2016;128:497-503.

## **Treatment-Associated Safety Considerations**

|   | Select Warnings and Precautions  |
|---|--|
| Ixazomib (PI) <sup>1</sup>                  | Thrombocytopenia, diarrhea, constipation, nausea, vomiting, peripheral neuropathy  |
| Pomalidomide (IMiD) <sup>2</sup>            | Boxed warning: embryo-fetal toxicity, venous<br>thromboembolism<br>Hematologic toxicity, especially neutropenia                                      |
| Daratumumab<br>(anti-CD38 mAb) <sup>3</sup> | Infusion reactions, interference with cross-matching and red blood cell antibody screening   |
| Elotuzumab<br>(anti-SLAMF7 mAb)⁴            | Infusion reactions (requires premedication), infections, SPM,<br>hepatotoxicity, interference with determination of complete<br>response (M protein) |

Ixazomib [package insert]. Cambridge, MA: Millennium Pharmaceuticals, Inc.; 2016;
 Pomalidomide [package insert]. Summit, NJ: Celgene Corporation; 2016;
 Daratumumab [package insert]. Horsham, PA: Janssen Biotech, Inc.; 2016;
 Elotuzumab [package insert]. Princeton, NJ: Bristol-Myers Squibb; 2015.

## Patient Case (cont.)

- MS was treated with DVd; he initially achieved a VGPR and tolerated therapy, but he developed grade 2 peripheral neuropathy after 6 months
- During the 11th month of treatment, progressive disease was confirmed by routine response evaluation
- Bone marrow aspiration and cytogenetic/FISH analysis indicated that the tumor had acquired a second chromosomal abnormality: t(11;14), del 17p

## Risk-Adapted Management of MM— Second or Later Relapse

|                                   | Agent(s) to Which Tumor<br>Is Refractory  | Treatment <sup>b</sup>  |
|-----------------------------------|---|---|
| Single-refractory MM <sup>a</sup> | Either IMiD or PI   | Refractory to IMiD: DVd   |
|                                   |   | Refractory to PI: DRd   |
| Dual-refractory MM <sup>a</sup>   | <ul><li>Bortezomib and/or ixazomib</li><li>Lenalidomide</li></ul>                               | Pomalidomide-based regimen (Pd or PCd) + daratumumab (elotuzumab if refractory to daratumumab) or KPd/KRd   |
| Triple-refractory MM <sup>a</sup> | <ul> <li>Bortezomib and/or ixazomib</li> <li>Lenalidomide</li> <li>Carfilzomib</li> </ul>       | Pomalidomide-based regimen (Pd or PCd) + daratumumab<br>(elotuzumab if refractory to daratumumab)   |
|                                   | <ul> <li>Bortezomib and/or ixazomib</li> <li>Lenalidomide</li> <li>Pomalidomide</li> </ul>      | Daratumumab-based regimen (elotuzumab if refractory to<br>daratumumab), or alkylator-based regimen if alkylator-<br>naïve, or PI + panobinostat   |
| Quadruple-refractory MM           | <ul> <li>Bortezomib</li> <li>Lenalidomide</li> <li>Pomalidomide</li> <li>Carfilzomib</li> </ul> | VDT-PACE x 2 cycles (CVAD for older or frail patients);<br>if ASCT not possible, use agent to which tumor is not<br>refractory (eg, regimens containing daratumumab,<br>panobinostat, bendamustine, alkylator, anthracycline) |

<sup>a</sup>Not plasma cell leukemia or similar extramedullary disease. <sup>b</sup>Consider for ASCT candidacy for all patients if feasible. mSMART guidelines. www.msmart.org/about.html,
 Rajkumar SV. Am J Hematol. 2016;91:719-34.









Abbreviations/Acronyms

ASCT = autologous stem cell transplantation BUN = blood urea nitrogen CBC = complete blood count CR = complete response CyBord = cyclophosphamide/bortezomib/dexamethasone DRd = daratumumab/lenalidomide/dexamethasone DVd = daratumumab/bortezomib/dexamethasone eGFR = estimated glomerular filtration rate ERd = elotuzumab/lenalidomide/dexamethasone FISH = fluorescence in situ hybridization FLC – free light chain GEP = gene expression profiling GI = gastrointestinal Hb = hemoglobinICd = ixazomib/cyclophosphamide/dexamethasone IRd = ixazomib/lenalidomide/dexamethasone Ig = immunoglobulin IMiD = immunomodulatory agent ITT = intent to treat IMWG = International Myeloma Working Group KPd = carfilzomib/pomalidomide/dexamethasone KRd = carfilzomib/lenalidomide/dexamethasone LDH = lactate dehydrogenase mAbs = monoclonal antibodies MRD = minimal residual disease MM = multiple myeloma mOS = median overall survival mPFS = median progression-free survival MPT = melphalan/prednisone/thalidomide mSMART = Mayo Stratification of Myeloma and Risk-Adapted Therapy ORR = overall response rate OS = overall survivalPC = plasma cellPCd = Pomalidomide/cyclophosphamide/dexamethasone Pd = Pomalidomide/dexamethasone PI = proteasome inhibitor PFS = progression-free survival QOL = quality of lifeRd = lenalidomide/dexamethasoneSCH = stem cell harvest SPEP = serum protein electrophoresis SPM = second primary malignancy TLS = tumor lysis syndrome ULN = upper limit of normal

VCd = bortezomib/cyclophosphamide/dexamethasone

Vd = bortezomib/dexamethasone

VGPR = very good partial response VRd = bortezomib/lenalidomide/dexamethasone

VTd = bortezomib/thalidomide/dexamethasone

WBC = white blood cell