

# **Diabetes PI CME Resources**

# The AMA PI Process

### The AMA PI process includes three stages:

Stage A	Assess your current practice against evidence-based goals and standards, as well as
Assess	your peers' practice

Stage B	Develop and follow your own improvement plan
Apply	

Stage C	Reassess your practice to measure the effects of your improvement plan
Evaluate	

To ensure compliance with the Health Insurance Portability and Accountability Act (HIPAA) requirements, only deidentified data are submitted. Likewise, data regarding PI participants are reported anonymously and in aggregate. Data regarding individual participant performance are not shared publicly.

#### **New Clinical Areas**

#### 2011 Diabetes PI CME Clinical Areas

Data from Med-IQ CME/CE activities in diabetes care and results from the previous diabetes PI CME initiatives reinforce the need for further education in 2011, particularly in knowledge about clinical guidelines designed to achieve glycemic control, recommendations for managing diabetes-related complications, and skills for counseling patients on lifestyle modification.

# **Glycemic Control**

Given well-documented rates of poor glycemic control, diabetes PI CME participants can only benefit from receiving education on key recommendations from clinical guidelines and consensus statements that focus on evaluating and managing patients with type 2 diabetes.

#### **Prevention of Diabetes-Related Complications**

Most patients with type 2 diabetes fail to achieve goals for controlling diabetes related complications, which is required to maximize long-term health. Diabetes PI CME participants will receive comprehensive education on the most effective prevention and treatment strategies for diabetes-related complications.

#### **Lifestyle Modifications**

Lack of patient adherence to recommended lifestyle modifications often prevents patients from achieving and maintaining diabetes-related goals. Diabetes PI CME participants will recognize the importance of improved education and communication with the patient as a means to achieve and sustain these goals.

Source: Med-IQ

# **Participating Clinician Quotes**

# 2010 Diabetes PI CME Participating Clinician Quotes

"I especially appreciated the importance of doing a foot exam on each visit. In a diabetic patient, a small wound that is missed can lead to a disastrous outcome." **–Primary Care Professional** 

"I am now collecting specific information on exercise habits and providing patients with specific written instructions regarding type of activity, intensity, duration and frequency, with a request to track and report progress on follow-up visits." **—Primary Care Professional** 

"I was able to implement all the items included in my plan. The main problem was documenting them in my notes, but all these practices are incorporated in my daily encounters and approach to the patients. I had to dedicate more time to record what I did with the patients." —**Primary Care Professional** 

"I am grateful for this experience. It has made me a better physician and has definitely helped my patients be better controlled." **—Primary Care Professional** 

Source: Med-IQ Concierge